

Year 1 Sample Lesson

Vocabulary & Fluency Journal — Term 1, Lesson 3: Describing My World

Lesson Focus

In this lesson, students build descriptive vocabulary and practise using adjectives to bring their writing to life. Students will learn to identify describing words, use the senses to generate vocabulary, and apply new words in simple sentences.

Learning Outcomes

- Identify describing words (adjectives) in sentences
- Generate a bank of descriptive vocabulary using the five senses
- Use at least two describing words in a written sentence
- Read sentences aloud with expression and fluency

Warm-Up: Sense Walk

Look at the picture of the park below. Talk with a partner about what you can see, hear, smell, and feel. Try to think of at least one word for each sense.

Sense	Word Bank
See	bright, colourful, towering, sparkling
Hear	rustling, chirping, laughing, splashing
Smell	fresh, sweet, earthy, flowery
Feel	warm, soft, breezy, smooth

Activity 1: Spot the Describing Word

Read each sentence. Underline the describing word (adjective) that tells us more about the noun.

- 1 The fluffy dog ran across the field.
- 2 We saw a giant rainbow after the storm.
- 3 My little sister has a shiny red bike.
- 4 The tired children walked home slowly.

Activity 2: Build a Sentence

Choose two words from your sense word bank above. Use them to write your own sentence about the park. Remember to start with a capital letter and end with full stop.

My sentence: _____

Fluency Practice

Read your sentence aloud to a partner three times. Each time, try to read a little more smoothly and with more expression.

Teacher Tip

Encourage children to act out their describing words. Acting out 'rustling' leaves or 'sparkling' water helps connect vocabulary to meaning and supports retention.

This page is a sample taken from the Confident Communicator Year 1 curriculum book, used in small-group classes at The Writing Club, Castle Hill and Thornleigh.